

There is energy in stillness. More than simply a spa, Downtime Renew is a space where the healing properties of water are allowed to truly flow. A modern interpretation of traditional Asian bathhouses and Japanese onsen, this is a place to let go of the hustle and bustle of the everyday and just... be.

RENEW is designed to stimulate circulation, relax the muscles, and combat fatigue providing a renewed scene of wellbeing.

Your treatment experience at RENEW Hoi An will begin with a ritual that is inspired by the Hoi An Lantern Festival, which take place on the full moon along Hoai River in Hoi An's Old Quarter.

Operation hour: 9:00 - 22:00

Location: LG/F, Beachfront, Hoiana Resort & Golf

Email: nw.renew@hoiana.com

Extension: 6009

#### Arrival

To give you adequate time, we recommend that you arrive 45 minutes prior to your treatment to make use of our bath experience to help open your pores and prep your skin for treatment. Late arrivals may affect the duration of your scheduled appointment.

## **Scheduling and Cancellation**

To schedule or to rebook, contact our Renew 'concierge, who will be happy to assist you in choosing the right treatment. All treatments should preferably be booked in advance to ensure availability.

If you wish to reschedule or cancel your booking, please be advised that 12 hours is required for us to accommodate your request, or two hours if the appointment is made on the same day. No-show or last-minute cancellations will unfortunately incur a 100% charge.





#### Etiquette

Please be advised that it is good practice to shower before any treatment. Silence, peace, and respect are part of our philosophy. Please consider other guests' space and privacy. Please silence any electronic devices you might have before entered the facility.

#### Attire

Bathrobes, slippers, and disposables are available for your treatment sessions. Swimsuits or shorts are recommended while using the steam and bath experience.

# Health Conditions and Allergies

Kindly consult with your physician before any treatment or using our facility. If you have any allergies, please be sure to inform our team.

## Valuables Loss or Damage

Please put your mind at ease during your treatment by securing your valuables to prevent any loss or damage during your treatment at Downtime Renew.

#### Cleanliness

After each guest use, our equipment is cleaned, sanitized, and sterilized. Safety and cleanliness are our priority.

## Accidents or Injuries

Please make your own safety the top priority during your visit to Downtime Renew.



# SPA DAY PACKAGE

## Hoiana Spa Day 120 mins

Relax your mind, reverse stress, and pain, rejuvenate your body- pamper yourself today with our wellness program include body scrub follow by relaxing holistic massage and facial.

## Renew Hoiana Package 150 mins

You'll emerge anew, feeling totally restored from this lush, transformative experience. Rejuvenated, you'll float blissfully back into the world. This very special spa package is including Vietnam Coffee body scrub to smooth your skin tone, then follow by oriental massage and brightening facial will take you to enjoy as your virtual getaway. Skin will feel smooth and super-hydrated, your body will feel nurtured and balanced and your mind serene.

# Downtime Signature Package 180 mins

Take some time for you, to pause and reconnect, in our serene sanctuary – a tranquil atmosphere where beautiful aromas fill the space, and a warming cup of tea greets you. Experience Renew special package helping you to create moments you'll never forget. Starting with Lapidem scrub ritual, continue with special Lapidem body massage therapy then totally finalize by Lapidem unique skin care for your facial.



## RENEW FACE

## Downtime Signature Facial 90 mins

This deeply relaxing Signature Facial is designed to increase the skin's self-healing power of the skin and restore a healthy skin renewal cycle. It begins with the traditional Japanese martial art massage technique and a meditative tone of tingsha bell, which helps to stabilize the mind and body. The skin is then deep cleansed by tenugui towel and following by face, décolleté, and neck massage to achieve a facial lifting and firming result.

## Hydro Pro-Aging 90 mins

The Lapidem Power Serum - a luxurious essence that is also called "coated botox" – is then used in a facial the massage the facial to help reduce aging signs, deeply moisturize, and improves skin texture. For those who would like to restore moisture and improve firmness to the skin. It begins with a gentle cleanse and exfoliation, followed by a flowing massage from face to shoulder and arms to relieve tension.

# Brightening Facial 90 mins

With double cleansing step that uses the tenugui towel peel and Lapidem Pure Scrub contain minerals, vitamins, and antioxidant ingredients to deep clean the skin and clear clogged pores, restores the skin's natural radiance. You also can choose between a neck, shoulder and décolleté lymphatic massage or a traditional Japanese massage to relieve the muscle tension.



## RENEW BODY

## Downtime Signature Meridian Ritual 90 mins

Begin with the oil selection to personalize your experience according to your sensory and body needs and with the aim of restoring balance to the mind, body, and qi or life force. Inspired by traditional Chinese medicine and ancient Japanese martial arts concepts, this treatment focuses on the meridian lines of the body to help open the "pathways" to increase blood circulation, relax the nervous system and improve the flow of qi.

# Lapidem Recovery Therapy 90 mins

Promoting detoxification, release tension and relaxes the muscles. This is especially ideal for relieving fatigue after workout or after a long flight. Our therapists begin with a ritual to relieve the muscle pain and stiffness. A blend of geranium juniper and thyme oils are applied full body to improves the blood circulation and enhance the body functionality.

# Lapidem Bespoke Therapy 90 mins

This unique and personalize therapeutic treatment is tailored specifically for you. Your therapist will assist you in choosing the oil best suited for you to encourage deep relaxation from our Lapidem Signature Oils.

## Hoiana Oriental Massage 90 mins

One of the greatest gifts the East has offered the West in modern times, a great option for busy people who want to reduce tension and pain, is different from a standard muscle massage because of the ideology behind it to ease muscle tension and promote healing.



## Hoiana Holistic Massage 90 mins

Work on a physical level by improving circulation and lymphatic drainage aiding the delivery of oxygen and nutrients to the body's cells whilst at the same time eliminating toxins, releasing muscular tension, and boosting the immune system. It's a relaxing massage which calms the mind and reduces everyday physical and emotional stress on the body.

## Salt Glowing Scrub 45 mins

To promote blood circulations and release body cellulite, the body is gently rubbed with a rich mineral natural salt scrub that is blended with your choice Lapidem Signature Body Oils. After the scrub, the body would be wrapped in with a special cream that contains seaweed and plant extracts to moisturize and restore the skin health. Recommend for all skin types.

## Konnyaku Scrub 45 mins

A warm serum application prepares the body for a full body scrub that employs Konnyaka, a gentle rice extract scrub. After showering, a smoothing massage cream is applied to the body to retain moisture. Recommend for sensitive skin condition.

#### Vietnam Coffee Polish 45 mins

Our coffee scrub helps to combat the occurrence of varicose veins by increase blood flow, and the caffeine in the coffee extract scrubs will reduce the appearance of cellulite.

